Up and At 'Em

FROM THE BAKERY

Croissant v *almond or chocolate +3* 6

Almond Bear Claw v 8

Savory Ham & Cheese Croissant 9

Seasonal Muffin v 6

Banana Bread gf 6

Lemon Blueberry Scone v 7

Cinnamon Coffee Cake v 7

Signature Jammy Raspberry Tart v 6

Fresh Baked Cookie v 6
chocolate chip, double chocolate, oatmeal raisin

Bagel & Schmear v *plain or everything* 8

NICE & LIGHT

Fresh Seasonal Berries vg gf 9

Greek Yogurt Parfait v 10
seasonal berries, toasted granola

Fruit & Seed Overnight Oats v 9
red mill muesli, coconut milk, dried fruit, pistachio, wildflower honey

Acai Bowl vg 14
seasonal berries, mango, pineapple, flaxseed, toasted granola

Chia Seed Pudding vg 13
coconut-chia, lemon-date custard, seasonal berries, pistachio crumble

GET TOASTED
on seeded multigrain bread

Matcha Honey Toast v 13
whole milk cottage cheese, seasonal berries, beekeeper's blend honey, toasted coconut, flakey salt

Savory PB-Chili Crunch 11
crunchy peanut butter, sesame, scallion, lime zest

v vegetarian | vg vegan | gf gluten free

**Consuming raw or undercooked meats, poultry, seafood, shellfish, eggs, or unpasteurized milk may increase your risk of food-borne illness, especially if you have certain medical conditions.*

OCEAN FRIENDLY RESTAURANTS
SURFRIDER FOUNDATION

Proud to be an Ocean Friendly Restaurant with the Surfrider Foundation, supporting ocean conservation by reducing plastic waste and promoting sustainable practices.

Peninsula Picks

AVOCADO TARTINE
smashed avocado, seeded multigrain

The OG vg 13
watermelon radish, olive oil, lime, flakey salt
add applewood smoked bacon +3 | hard-cooked egg +3 | tinned seafood +15

A Touch of Spice v 13
whole milk cottage cheese, hot honey, aleppo pepper

The Chili Avo v 14
hard-cooked egg, chili crunch, toasted sesame seeds | add applewood smoked bacon +3 | double up on eggs +3

BAKED & PRESSED *add a bag of chips +6*

Applewood Smoked Bacon & Cheese Egg Bites 9
sharp cheddar, monterey jack

Three Cheese Egg Bites 8
whole milk cottage cheese, sharp cheddar, monterey jack

Quiche 13
ham, bacon & cheese or spinach & mushroom (v)

Belgian Pearl Sugar Waffle v 14
liege waffle, vermont maple syrup, fresh berries

Croissant Breakfast Sandwich 13
baked egg, aged cheddar, applewood smoked bacon

HANDHELDS *add a bag of chips +6*

Bay-L-T 14
applewood smoked bacon, lettuce, tomato, dijon-mayo, toasted multigrain sourdough | add avocado +2

Bay Club 18
grilled chicken, applewood smoked bacon, provolone, avocado, lettuce, tomato, dijon-mayo, toasted multigrain sourdough

9" BOARDWALK PIZZAS

Three-Cheese Margarita v 14
san marzano tomato sauce, vine ripe tomato, petite basil, sun-dried italian herb seasoning

Cupped Pepperoni 16
san marzano tomato sauce, three-cheese blend, sun-dried italian herb seasoning
add hot honey for a sweet-heat finish!

in partnership with Fishwife Tinned Seafood Company
Fishwife is a woman-founded and led food company aiming to make ethically-sourced, premium, and delicious tinned seafood a staple in every cupboard. Ask for our latest offerings!